



# *Tierrasanta Village of San Diego*

## **Village Vibes**

**“Living for Today: Planning for Tomorrow”**

**May Vibes 2018**

Tierrasanta Village (TVSD) is an active, nonprofit organization for residents aged 50+.

TVSD promotes social connections and helps our members thrive and remain independent.

We plan many special events, print this newsletter, and create activities for different passions and interests.

### **Summer is Coming, Villagers – Joyce Muinos**

Greetings! By the time you read this, Jerry & I will be in Costa Blanca, Spain, relaxing with friends and enjoying all that this beautiful coast has to offer!

How is that Board news, you ask? It's not. I just wanted you to know

Your Board of Directors has been very busy, though. First, preparing for the Annual Members' Meeting, then we met with the Core Team Leaders, and, finally, we had our own BOD meeting packed with hot topics! All in a month's work for this busy group.

As I have mentioned in several articles this year, we are always looking for volunteers to help “keep our ship afloat”. We were very fortunate to welcome Rhoda Keegan as our new Volunteer Core Team Chair. Rhoda, with just a little arm-twisting, agreed to relieve Marilyn Bente who moved into the BOD

Secretary spot left vacant by Pat Mudd's resignation. Rhoda will be responsible for gathering willing bodies when we have events, socials, meetings, etc. Thank you, Rhoda, and welcome to the Team!

Now...you knew it was coming! We still have a few empty slots on our Core Team Leader's List! With the wonderfully diverse backgrounds of our membership, surely there's a spot for your individual talents. Check the list and make the commitment. You'll have some extremely qualified leaders to help you get going and you'll make some new friends and have new experiences along the way.

Our lines are open! Take the plunge!

**Adios, Amigos, Joyce**



**Rueda Neighborhood Group**  
**Pleasant afternoon meeting at Thom & Ginny VanBenthuyssen's home**

# Village Business

## Members Monthly Meeting

**Monday May 7**

**3 - 5 pm**

7th Day Adventist Church  
11260 Clairemont Mesa Blvd.

## TimeBank

Orientation and Training  
By appointment Only,  
Call the Office at 569-9119

## Website Training

By appointment Only, Call the  
Office at 569-9119

## Balance & Strength Class

**Tuesday & Thursday 9 AM**

Instructor: Mary Maine

## Chair Yoga for Seniors

Monday, Wednesday and Friday  
9 AM – VM Clubhouse

## Aging & Independent Services

### Tai Chi Class

Wednesday and Friday at 10 AM  
Open to the entire community.

Cover Photo  
US Flag flies high  
over the Star of India  
at SD Maritime Museum

## Friends of the Tierrasanta Library Used Book Sale

**Friday, May 4**

11:30 to 5:00

**Saturday, May 5**

9:30 to 3:00

**Monday, May 7**

11:00 to 5:00

## Water Conservation Gardens Social Outing



Want to learn about water conservation and water-wise gardening? Join the Social Committee on a one-hour docent-led tour through The Water Conservation Garden in El Cajon. The docent will present valuable plant and gardening information to foster an appreciation of the natural environment and to inspire conservation of water and related natural resources. The butterfly pavilion also will be open during our visit. We will be going to the colorful **Casa de Pico Restaurant in Grossmont Center** for lunch after the garden tour.

Cost of lunch is member's responsibility.

**Date: Monday, May 21, 2018**

**Tour: 10:00 AM**

We will meet at McDonalds at 9:30 AM to carpool to the gardens.

**Cost: \$5 to be paid at the garden**

**RSVP by Friday, May 18, 2018**

Please register online or call the TVSD office. If you have questions, call or email Jocelyn at: [jocelynbrierton@hotmail.com](mailto:jocelynbrierton@hotmail.com).





## Board of Directors

### *President*

Joyce Muinos

### *"Past President"*

Linda Rees

### *Vice President - Administration*

Fran Zweibel

### *Vice President - Fund Development*

Janice Trantham

### *Treasurer*

Mike Rigdon

### *Secretary*

Marilyn Bente

### *Members at Large*

### *Membership*

Ginny VanBenthuyzen

### *Neighborhood Groups*

Jeanette Vlassis

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### *TimeBank*

Candy Walsh

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### *Co-Founders*

Candy Walsh

Susan Deininger LCSW

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### *Operations Manager*

Greg Zweibel

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### *Front Desk Coordinator*

Missy Rainier - 569-9119

TVSD is a 501c3 organization  
Federal Tax ID # 26-2975168

### Vibes Staff

Editor.....Mike Rigdon

Proofing, Event & Calendar

Missy Rainier - Gayle Rolan

Marilyn Bente

## Round Table Pizza Night Fundraiser

*We love to support our community!*

Excludes beer & wine, coupons and sales tax.

Download this flyer from our Website to order  
& Round Table will donate 20% of your total purchase  
to TVSD.

## To Benefit: Tierrasanta Village

May 10, 2018

4:00 PM - 8:00 PM

Valid at this location only:

San Diego 10415 Tierrasanta Blvd. (858) 277-3111

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### Transportation Options A Value of Village Membership

As a co-Founder, I've been involved in the planning, developing and guiding of Tierrasanta Village of San Diego (TVSD) since March of 2006. It's been a dedicated long-term commitment, and what I find so gratifying is that we have many members who are as dedicated as I am. Bless you all!!! They invest their time, money, talent and influence into building a strong Village community which offers a wide variety of experiences. Most importantly, we are all working together to sustain our Village into the future.

Recently, our Care Committee held a member forum and from that gathering, a very comprehensive resource entitled 'Transportation Options for Village members' was developed by Joan McGeachy. This resource is an example of the support our members have for one another and is a true measure of the value of Village membership. This resource document will be posted on the member side (log in) of the TVSD website (tierrasantavillage.org). When a transportation need arises, please remember we have 'Transportation Options' for your use.

Candy Walsh

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### TimeBank Tidbits

Would you like having a Mexican dinner for 2 prepared and brought to your house? That is an available offer in exchange for time credits. We recently added loan offers, so if you need a heated casserole holder to take to a potluck or picnic it is on the list for loans.

Please also put on your calendars a Time bank coffee for Time Bank members on **Friday June 1st at the VMC and an Ice Cream Social open to all Villagers and their guests for 1 Time Credit.** **August 11 at 6:30pm, at the Walsh's home.**

# Tierrasanta Village of San Diego

## May 2018

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>30</b> 8:30 AM - <b>Huntington Library and Botanical Gardens</b> 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 - Monday Bridge	<b>1</b> 9:00 AM - Balance Class 10:45 AM - 10th Anniversary Video Interviews	<b>2</b> 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 11:30 AM - Lunch Bunch Tierrasanta Mexican	<b>3</b> 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	<b>4</b> 9:00 AM - "2 hr/2+ mi. (Mission Trails) hike" 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	<b>5</b> Rose Garden Party Cinco de Mayo
<b>6</b>	<b>7</b> 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 - Monday Bridge <b>3:00 PM - Members Monthly Meeting - 3:00pm</b>	<b>8</b> 9:00 AM - Balance Class 10:45 AM - 10Th Anniversary Video Interviews	<b>9</b> 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	<b>10</b> 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games 4:00 PM - Round Table Pizza Fundraiser 10th Anniversary	<b>11</b> 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies <b>"Guarding Tess"</b> Shirley MacLaine Nicholas Cage	<b>12</b>
<b>13</b> M O T H E R S D A Y	<b>14</b> 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge	<b>15</b> 9:00 AM - Balance Class 10:45 AM - 10Th Anniversary Video Interviews <b>6:00 PM - BUNKO</b>	<b>16</b> 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 7:00 PM - Village Book Club	<b>17</b> 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 11:30 AM - Romeo 12:30 PM - Games	<b>18</b> 9:00 AM - "1 hr/1+ mi. (Introductory) hike" 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 2:00 PM - Tierrasanta Norte Neighborhood Party	<b>19</b> <div>SNAP SEE P. 5 for info</div>
<b>20</b>	<b>21</b> 9:00 AM - Chair Yoga 9:30 AM - <b>Water Conservation Garden</b> 10:15 AM - Billiards 12:30 PM - Monday Bridge	<b>22</b> 9:00 AM - Balance Class 12:30 PM - Care cmte Meeting 6:00 PM - DVD Movie Party <b>"Murder on the Orient Express"</b>	<b>23</b> 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Knit & Nosh	<b>24</b> 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games 1:00 PM - Board Meeting	<b>25</b> 9:00 AM - Chair Yoga 10:00 AM - Tai Chi 12:30 PM - Classic Movies <b>"It's Complicated"</b> Meryl Streep) - Alec Baldwin - Steve Martin	<b>26</b>
<b>27</b>	<b>28</b> <b>Memorial Day</b> 9:00 AM - Chair Yoga 10:15 AM - Billiards 12:30 PM - Monday Bridge	<b>29</b> 9:00 AM - Balance Class	<b>30</b> 9:00 AM - Chair Yoga 10:00 AM - Tai Chi	<b>31</b> 9:00 AM - Balance Class 10:00 AM - Mah Jongg 10:15 AM - Billiards 12:30 PM - Games	<div> <b>May 5</b>  <b>Cinco de Mayo</b>  <b>2:00 - 4 PM -</b>  <b>Rose Garden Party</b>  <b>at Lester's Home</b> </div>	

## DVD Movie Party

May 22 at 6 pm

Murder on the Orient Express  
Kenneth Branagh/Michelle Pfeiffer

Do not register on Website

RSVP: Diane Levine 858-292-0610

## Knit & Nosh

4th Wednesday – May 23

12:30 pm

We knit/crochet baby blankets, scarves, and hats for breast cancer survivors, and lap blankets for Vets and residential care patients.

Contact: Virginia Inouye  
phone: 278-8847

## Village Book Club

"Killers of the Flower Moon"

by David Grann

May 16 – 7 PM

Contact: JoAnne Kuelbs  
858-292-1578

## Bridge Games

At the VMC

Want to get in on a bridge game?  
Groups are pre-arranged but substitutes are needed from time to time.

## Cool Games

Thursdays 12:30-2:30

Come join us for games on Thurs. afternoons.

Donna Dobey  
858-279-0964

## Mah Jongg

Thursdays -- VMC -- 10 to Noon

This is an RSVP game...A new group can be formed for beginners.

Contact: Fran Zweibel

## Evening Bunko – 5/15

3rd Tuesday of Month  
6:00 PM (offsite)

This is an RSVP game limited to 16 players.

A daytime bunko group may start soon.

Interested? Contact:  
Ginny VanBenthuyzen

## Village Interest Groups

### Billiards

Mondays & Thursdays 10:15 AM

Bob Muldrew - 292-8405

The pool table area is open for play anytime weekdays.

8:30 am – 2:30 pm

### Film Classics

"GUARDING TESS"

Friday – May 11 – 12:30 to 2:30

Comedy – 2004

Shirley MacLaine -- Nicholas Cage

What do you do with a former Washington First Lady who's unpredictable, ornery & impossible to please? Anything she wants! Doug Chesnic (Cage) is a Secret Service Agent that's assigned to guard & protect former First Lady Tess Carlisle (MacLaine), a demanding widow living in Ohio. He feels more like a heavily armed butler than a bodyguard. When requesting a new assignment from his superiors, Tess vehemently requests from her good friend (the current President) that Chesnic remain in his assignment with her. Uproarious & uplifting, this is a good comic mixture of laughter & tears – a compassionate look at life after the White House for 2 former Washington insiders.

"IT'S COMPLICATED!"

Friday – May 25 – 12:30 to 2:30

Comedy – 2009

Meryl Streep) - Alec Baldwin -

Ten years after their divorce, Jane (Streep) & Jake (Baldwin) meet again to attend their son's college graduation. After an innocent dinner, the unimaginable happens – they have an affair! After this rekindled passion, things get complicated, especially for Jake's young son, 2<sup>nd</sup> wife, & for Jane's new boyfriend (Martin). A hilarious look at marriage, divorce & everything in between. Could love be sweeter the 2<sup>nd</sup> time around? It's complicated!

Gloria Stevens: 858-505-4188

## Lunch Bunch

May 2 – 11:30

Tierrasanta Mexican

Marilyn Bente: 569-5919

## Romeo Club

May 17 – 11:30

Choice of Mandarin

Meet at the restaurant

## SNAP

(Singles Network of Active People)

All Village singles are welcome.

Saturday – May 19 – 5:30 PM

Khan's Cave on CMB & Ruffin Road

RSVP to Nancy at 560-7431

or Rhoda at 278-3632

## Village Hiking

Do not register on Website. Email, phone, or just show up. .... Introductory day hikes have never attracted a lot of newcomers, and long time participants seem to prefer longer treks - so we're cutting back to the second month of each quarter.

**2 hour/2+ mile (Mission Trails), Rim trail (down hill, to four corners) to Suycott Wash Loop. On Fri, 04 May 2018 (first Friday), we gather at 9 AM.** (Drive east on Clairemont Mesa Blvd to the last right turn. After turn on to Rueda, go three blocks to Calle de Vida; turn left. Travel to sharp right turn - on to Colina Dorado. Stop/Park.) The route is mostly on six foot wide utility roads, with narrowing down to three foot wide trails. There's mostly chaparral, with some oaks down in the wash. There's great views of the Fortuna Mountain ridge.

**1 hour/1+ mile (Introductory), North Shepherd Canyon to the edge of Mission Trails Regional Park - & back. On Fri, 18 May 2018 (third Friday), we gather at 9 AM on Villarricca Way.** (From the US post office shopping center, drive east on Portobello Drive to the second intersection - Villarricca Way, turn right & go 25 yards, or so. Stop/park.) We'll be hiking on a 3 foot wide trail in a canyon and then on a 6 foot wide dirt trail (behind Belsera). There's some minor up & down, but the route is largely level. The contact is Bob Muldrew.

Thank you; you can email (or phone) if you have any questions, or comments. [bobmuldrew@yahoo.com](mailto:bobmuldrew@yahoo.com)

Bob Muldrew: 292-8405





**Neighborhood  
Captains**  
join with the  
**Care Committee**  
for Happy hour and  
sharing of ideas for  
strengthening our  
Village



## **Volunteers Needed for Tierrafest – Saturday – May 19.**

The Village would like to keep its tradition of participating in our community's Tierrafest. We need participants for the Patriots Day Parade, either walking behind our TVSD banner or riding in PK Walsh's classic car. And, of course, you'd proudly wear your yellow TVSD t-shirt! Line up around 9:00 am. Parade starts at 10:00.

Also needed are volunteers to man our TVSD booth at the Tierrafest. Volunteers would work in 2-hour shifts throughout the day, distributing flyers about the Village and selling tickets for our opportunity drawing.

Please call Marilyn Bente or Rhoda Keegan if you can help.





## Bingo Night Fund Raiser

generated  
lots of fun and  
Money too!



Fundraiser  
quilt created by  
Marilyn Millikan

Delise Konigsbach designed and created this one-of-a-kind necklace made of hand blown glass beads. Each large bead is unique and the colors are delicate swirls of lavender on pale gold. 18 inches long.



Keurig single serve coffee maker from the K-compact classic series.... slender and space saving.... 36-ounce water reservoir... select from 3 cup sizes... fresh brewed coffee in under a minute!



## Raffle Fundraiser

**Why?** To help defray the cost of the dinner for the TVSD 10th Anniversary Celebration.

**When?** Kick off is in mid-May and the winning tickets will be drawn and the winners announced at the August 6 Members Meeting.

**Cost:** \$5.00 per ticket; 5 tickets for \$20.00

There will be three boxes for three different drawings.

When you purchase your tickets, you place the stubs in the box for the prize you hope to win: the necklace, the quilt, or the coffee maker.



Elizabeth Sledge Liz' Feightner Asheville, NC Elizabeth "Liz" Feightner, age 90, passed away Monday, March 12, at Givens Health Center in Asheville, NC. Liz was a longtime resident of the

Tierrasanta community in San Diego and a teacher in the San Diego County public schools. A service was held at St. Paul's Cathedral on Saturday, April 21, at 10:30 a.m. Memorials should be sent to St. Paul's Cathedral, San Diego, or to the charity of one's choice. October 21, 1927 - March 12, 2018

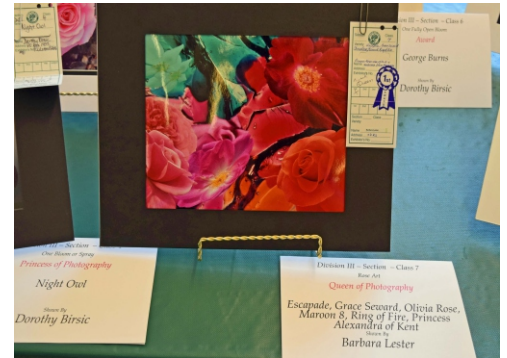
Published in The San Diego Union Tribune on Apr. 15, 2018

Liz joined TVSD on 9/2008 which means she was a Charter Member of the Village and her membership expired 8/31/15. She had been a long-time resident of Portofino when she moved to NC.





**Rose Show  
Liberty Station  
Lunch  
at Solare  
Italian Restaurant**



**Rueda Neighborhood Group  
Pleasant afternoon meeting at Thom & Ginny  
VanBenthuyzen's home**

